

Your Growth Wish List

The 3 ways You'd like to grow in the next **3 Months**:

1. _____

2. _____

3. _____

For each of your Wishes, complete the sentences below. Follow the example:

I could become a better chef by cooking dinner for my friends once a week.

1. I could become more _____

by simply _____

2. I could become more _____

by simply _____

3. I could become more _____

by simply _____